Purposeful Goals Worksheet

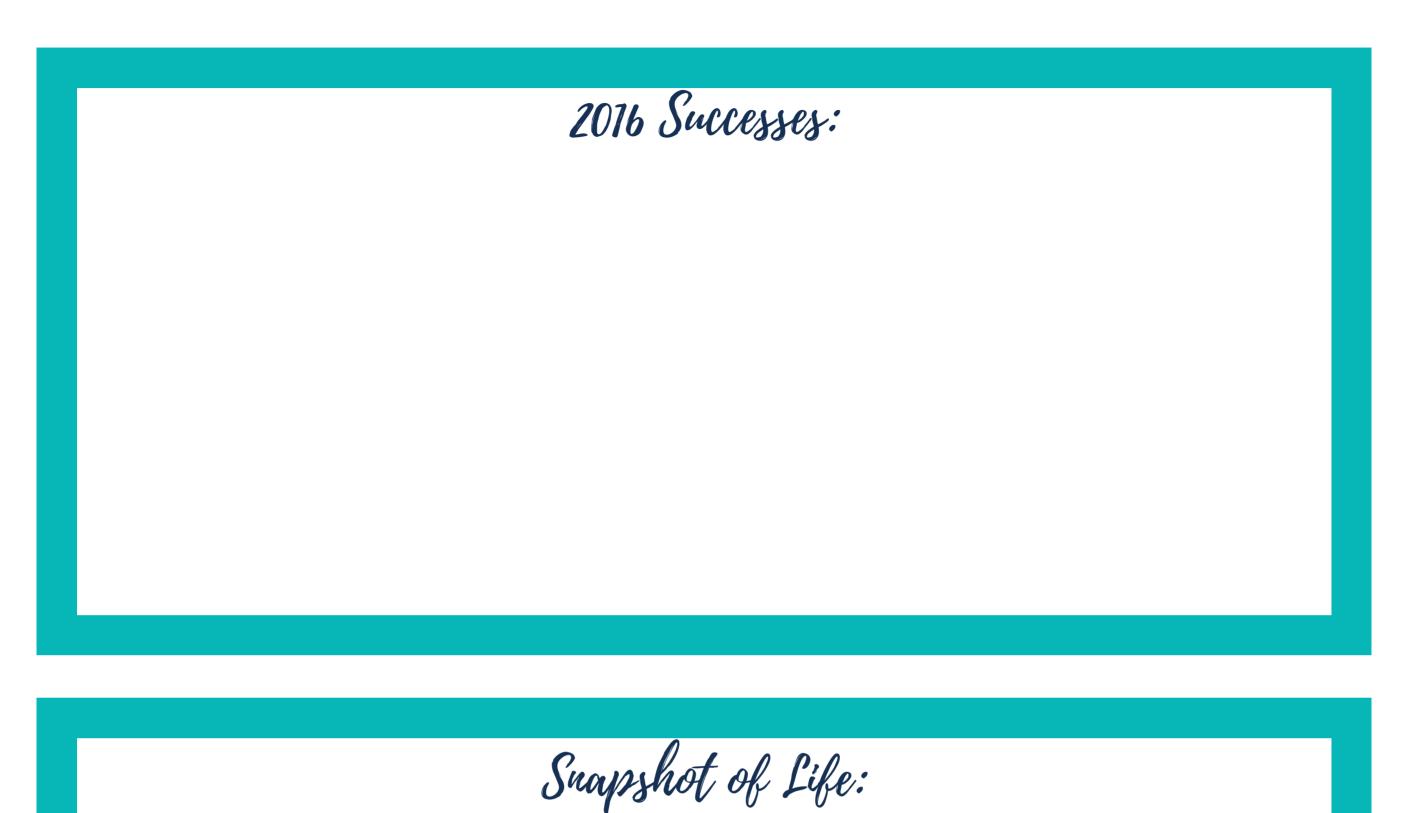
by



Ready for an incredible new year? Use the below worksheets to create up to 5 purposeful goals for yourself in 2017. Each sheet includes a section to write down your goal, why the goal is important to you and how you're going to achieve it.

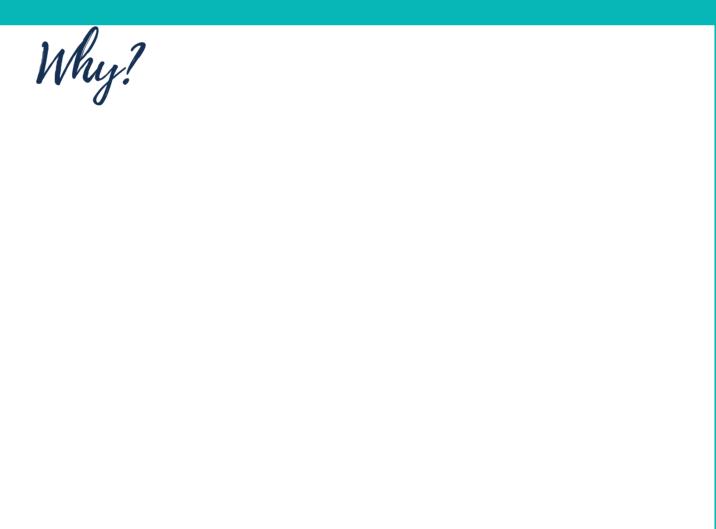
Let's get started!

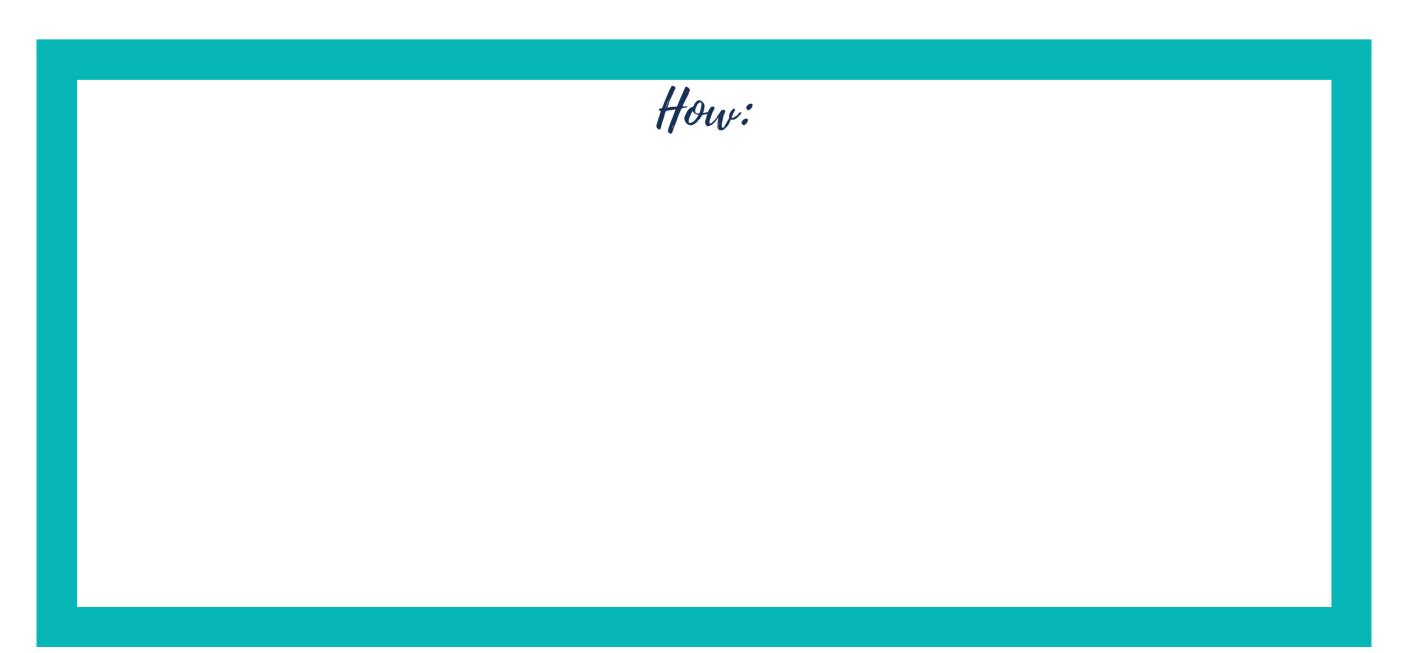
PREP WORK



Desired Feelings for 2017:

Goal:	





Goal:

Why?	

How:

Goal:



How:

	Goal:	

Why	?	

fow:

Goal:	

Why?			

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How:
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